

Lake Breere

Ladies Association of Walden Newsletter
September 2020

From the President...

Good morning ladies! I'm looking out my window right now at a perfectly beautiful day! But it's very deceiving! The minute I open the door to step outside to enjoy it I'm blasted with a heat wave! So I just turn around and go back in to find something to do in an air conditioned environment. That may include sitting in my reading with my precious fur baby on my lap, cleaning (my least favorite), cooking or writing my article for the newsletter (one of my favorites).



In our little neighborhood our lawns get mowed on the same day each week. And today's the day. I'm not sure how they do it in this heat but the hubby and I will take them some water to help them cool off and try to show them our appreciation for the work they do. We try to give the men who pick up our trash cold water in the heat and hot chocolate in the winter. We need to keep in mind those that work every day in this heat. It has to be tough!

So with staying cool in mind, are you aware of our Interest Group Committees available to you, our members? Many of them are indoors, but the one I am most interested in joining is the Water Aerobics! It looks like a great way to get out of the house and stay cool. If water is not your thing, check out our other options in your L.A.W. directory. I know several are shut down due to COVID but be sure to contact the Committee Chair to see if and when they might be open for fun!

I know we have had to cancel many of our luncheons and we are trying to keep you updated via email blasts on luncheon information. Though we can't meet at this time, please don't let your membership lapse! You will find a membership form in this newsletter and we are also having one inserted into the Walden Magazine you get monthly. Please fill it out and send it to the address listed on the form and we'll be sure to keep you updated on upcoming events. As always, please feel free to contact myself or any of the other board members with questions or concerns. Love you all.

Stay safe and cool!
Brenda Badgett, LAW President

September luncheon canceled!

Friends in Deed



Ladies of Walden,

I sure do miss all of you! Can't wait for our social activities to be unrestricted again, I know we're all in the same boat.

Mary Frost has served all of us in Friends In Deed since 2016. She did it willingly, with excellence and with all of your best interest at heart. THANK YOU, MARY! Please join with me saying "Thank you!" by sending her a card.

Phyllis Seidel has stepped forward to help in this very important position. She and her husband Bruce have been our neighbors for the past four years, but recently joined us full

time! They are a welcome asset to our community.

Friends In Deed are always looking for ladies who want to serve on a team by cooking or buying food for those who have been ill or had surgery. Contact either one of us to be added to a team.

Many thanks to our Current Team and Co-Leaders: Melody Brittain and Kathy Schleper, Carol Maak and Zona Taylor, Pat Reagan and Janet Martin, Carolyn Shulman and Phyllis Seidel, and Paulie Gieselhart.

Stay healthy, safe and sane!! Many blessings,

Kym Harris - kym.oneway@gmail.com
Phyllis Seidel - bsandpsseidel@gmail.com



More from Friends in Deed

Calls and get well or thinking of you cards have been sent to the following ladies since July 7, 2020.

- | | |
|-----------------|--------------|
| Karla Seidule | Marilyn Wolf |
| Melody Brittain | Elaine Herod |
| Karen Dickens | Deb Zimmer |
| Linda McDonald | Vera Shelby |
| Jan Jessen | |

Sympathy card to Mary Brunson (husband passed).

A meal was delivered to Marilyn Wolf (Surgery) on July 11, 2020. Many thanks to Vera Shelby and Phyllis Seidel for that meal.

Jan Jessen (surgery) received 2 meals on August 12 and 15th. Also, want to thank Carol Maak and Stephanie Johnson.

Hope all is good. Stay safe and healthy.
Phyllis Seidel

Social Bites



Social Bites will gather at Susan Conly's home at Noon, September 8th for some down-home Tex Mex.

The ladies are looking forward to catching up on how they kept busy during the months of COVID social limitations.



JOIN US

Fill out Walden Ladies Association membership form and mail along with \$25.00 dues to Kathy Clark, Membership Chairperson., address on the attached form.



September

- | | | | | | |
|----|------------------|----|--------------------|----|---------------------|
| 1 | Susana Folarin | 12 | Mary Sears | 25 | Pat Reagan |
| 1 | Anne Lea | 13 | Roxie Gernand | 27 | Linda Foerster |
| 3 | Patty Anderson | 14 | Melanie Clement | 27 | Flo Locke |
| 5 | Patti Kling | 15 | Pamela Shafer | 27 | Norma Reed |
| 5 | Sandi Ray | 19 | Jeanette Stanberry | 27 | Rachel Sharp |
| 5 | Linda Wilson | 19 | Becky Van Dever | 28 | Carol Fleming-Jones |
| 7 | Cathy Dixon | 20 | Ingrid Speck | 29 | Diane Deaton |
| 11 | Julie Nieto | 21 | Mary Rinaldi | 29 | Marilyn Hewett |
| 12 | Vicki Highland | 22 | Dawn Cleboski | 30 | Mary Ann Richards |
| 12 | Lori Konkell | 22 | Gayle Laminack | | |
| 12 | Mary Ann Polasek | 24 | Pam Stewart | | |

2020-21 Ladies' Association of Walden, Inc Membership Application

(PLEASE COMPLETE ENTIRE APPLICATION PRINTING CLEARLY)

New Membership:_____ **Renewal Membership (from last year only)** _____

CASH_____ Check #_____

Name:_____

Preferred Name for Name Tag:_____ Spouse's Name:_____

Walden Address:_____Montgomery, TX 77356

Walden Phone:_____ Cell Phone:_____

Email Address:_____

Birthday: (month/day)_____

In order to save on expenses and time, we are requesting that you receive the monthly newsletter via email **ONLY**.

We will continue to send the newsletter via U.S. MAIL to anyone who **DOES NOT** have access to email.

CHECK ONE ONLY:

I would like to receive the newsletter by **e-mail**:_____

I would like to receive the newsletter by **U.S. Mail**:_____

*If you checked to receive the newsletter via U.S. mail, and you would like the newsletter to be mailed to **another address other than your Walden address**, please provide the other address below:

Address_____

City_____ State_____ Zip Code_____

Make all checks payable to **Ladies Association of Walden, Inc.**

Dues are \$25.00

Payment of \$25.00 and membership application **must be received** no later than

September 15, 2020 for you to be included in the 2019-2020 directory.

Please send this completed form with your \$25 check to:

Kathy Clark , LAW Membership Chairman

13626 Leafy Arbor

Montgomery, Texas 77356

Easy Island Chicken

(Makes 4 to 6 servings) easily increased

3 pounds chicken pieces
2 tablespoons margarine or butter
 $\frac{3}{4}$ cup Coco Lopez® Cream of Coconut
 $\frac{1}{4}$ cup ReaLime® Lime Juice from Concentrate
OR ReaLemon® Lemon Juice from Concentrate
1 tablespoon soy sauce
2 teaspoons cornstarch
1 cup diced green or red bell pepper
1 cup pineapple chunks
1 onion, cut into wedges

Preheat oven to 350°. In large skillet, brown chicken in margarine; arrange in lightly greased 13x9-inch baking dish. In same skillet, combine cream of coconut, ReaLime® brand, soy sauce and cornstarch; bring to a boil. Add remaining ingredients. Pour over chicken. Bake uncovered 45 minutes or until tender. Refrigerate leftovers.

You will find the Cream of Coconut in the drink mixer section for beverages, usually.



2815 Pine Arbor Drive
Montgomery, TX. 77356

Vegetable Salad

$\frac{1}{4}$ head fresh cauliflower
1 bunch fresh broccoli
 $\frac{1}{2}$ C. raisins
 $\frac{1}{2}$ C. sunflower seeds
8 slices fried bacon, crumbled (I used turkey bacon)
 $\frac{1}{2}$ C. red onion
1 $\frac{1}{2}$ C. mayonnaise (I used light Mayo)
4 T. sugar
4 T. vinegar

Mix the Mayo, sugar, and vinegar together and toss. Make the day before to allow the flavors to blend.

Big Batch Lemonade Ice Tea

Bring 2 quarts of water to a boil. Add 6 tea bags and turn off heat; let steep 20 minutes. Remove bags. Add 1 12 ounce can thawed frozen lemonade concentrate, sugar to taste, and 10 ice cubes. Chill. Garnish with lemon wedges or mint springs.